

# Learn the Art of Reading Body Language

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Sunday, 15 October 2006

The ability to accurately read body language can be very helpful in determining whether someone is romantically interested in you or not. Reading body language is an art anyone can master after careful observation. Keep reading on to find out how you can learn this art to ensure successful relationships. Women are more intuitive than men because they notice even the slightest of changes in behavior. They can tell by the way a man looks at them that he is interested. Men, on the other hand, require more time to decide whether a woman is taking romantic interest in them or not because women are more secretive of their feelings. They don't make much eye contact and even if they do, they are so confident that they don't let their inner feelings show on their face.

Body language reveals a person's feelings without him/her knowing it. If someone is interested in you, they would want to be as close to you as possible. Looking at you for approval if something comes up, finding the closest position by your side and laughing at every funny remark you make are some of the things you can notice. You can also notice a clear change in their level of happiness and cheerfulness if you're around. They will talk more, laugh more and will try to make you as comfortable as they can. Another sign of interest that can be noticed by reading another person's body language is that they try to copy your body language. They try to imitate your each and every move. The direction you turn your face to, the way you sit, and the way you react to other people's comments and actions, all actions are noticed and copied by them. They will always unconsciously look at you before making their next move. While sitting close to each other, you can notice the way they move their hands and feet. If they try to position themselves closer to you without having you notice it, it's also a sign of their taking interest in you. Eyes convey nearly all of our feelings before we even speak. They can tell if a person is sad, happy, interested or disinterested. You will clearly see a spark in their eyes if they are romantically interested in you. A genuine smile can also be noticed if it reaches a person's eyes and stays there for the whole time you are together. Trying to reach out and touch your hands is another sign of interest the body language can reveal. It's a purely instinctive action that we are unable to resist if someone we are interested in is sitting close by. Finally, communication through body language is not one-way. It's just like any other form of communication in which both parties equally participate. So, be conscious of your own body language if you don't want to reveal your feelings because the other person is definitely going to respond to it, either positively or negatively.