

How to keep closeness and understanding in a Relationship

Contributed by admin
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Modern society uses the relationship like a game, like "take it to the next plane" means it creates planning which is not good. Taking a relationship "to the next level" of understanding requires attempt and ability. Some people's relationships do not fulfill because they either require the skill, the information or are indisposed to apply the attempt of humanizing familiarity required by relationships. Many people suffer in silent harassment or seek dealings rather than speak to what is needed to improve the familiarity. When someone is worried, they often puzzle the greatness that dealings provide with the confidence which they need. They create wrong choices because they do not know what is needed in the relationship.

Based on his practice and explanation, the psychoanalyst, Eric Fromm claimed the relationship skill list includes the qualities of modesty, bravery, loyalty and obedience. This list provides general character required. My experience is that people want to know how to apply such behavior. For example, they wish to know how to express modesty (or some other necessary quality) in relationships. The word modesty has been defined as being free from satisfaction and superiority. It also entail a humility of mind and modest estimation of one's own appeal In taking into consideration how humility applies to relationships, be aware of that pride and superciliousness each take life relationships. The quality of arrogance becomes a obstacle prevent others from developing a relationship with you. Arrogance not only shuts people out, it also creates expressive and disturbing distance around the person contaminated with it. It may be that pride is preventing others from getting close to you if your relationships are often shallow and lacking intimacy. Overconfidence, a close cousin of pride, is a quality that seeks curtsy from others, thereby closing out any kind of mutual reciprocity needed for healthy and strong relationships. Healthy and strong relationships require people treat each other with respect; overconfidence destroys any chance for respect developing. Humility and modesty requires that the person wishing and want to improve and pick up their relationship make prospect for the other person or persons problematical and confidence. One way to make good opportunity and good quality for the other person is to make known the attempt to continue contact. At the very basic stage, calling or writing are needed to maintain contact with the other person but that is not a profession These must be notes or messages or communicated to the other person keeping the emotional connection in place not disturbing. The contact needs to meet point on the other person rather than have the other person focus their awareness and attention on you. This means one will have to discover what the likes and dislikes of the other person are. One way to discover and determine their likes and dislikes is developing a list of questions which is located on these areas. When you are with the other person, ask those questions and problems to this person and discover how they see and experience the world and what the understanding between them is? Focusing on the other person and the problem; also means that one may have to modify and transform their timetable in order to connect with the other person who understands these problems. Modesty and modesty involves making room for the other person in your interest, hard work and time also. It requires interest and time to shift your program rather than frequently and constantly expecting them by which it provide accumulation. It will also be important that when the other person asks you questions that what is your response and reaction be of a modest nature. Point out the areas where considerable comings and goings may have occurred, approaching them in a reserved manner helps create an atmosphere advantageous to relationships deepening. When faults are pointed out or errors made, they will need to be approached in thoughts and attitude of modesty and humility. Pointing our errors with an attitude and thoughts of "gotcha!" or "you're not as perfect as you thought!" are sure ways of killing any developing intimacy. Attitudes transmission defensiveness or overconfidence is a sure way to invite further disagreement and suffocate the growth of any relationship. Humility is required in taking a relationship to the next level of relationship. Like any area of personal growth, exercise modesty will take us out of our emotional and touching zone which is comfort. Think about the question, "Do you want to have confidence or be comfortable?". Developing familiarity requires effort. One of the areas needing attempt that pays dividend beyond the effort involved is that of modesty and humanity. If you have a relationship you want to "take it to the next level", start by developing humility which should be very strong. {mosgoogle left}